

Name:

Please tick one main meal option only

	W/C 11 th July		W/C 18 th July	
MONDAY	Fruity Chicken Curry with Brown Rice		Ham or Cheese Ploughmans with Wholewheat Bread	
	Butter Bean Moussaka with Brown Rice		Macaroni Cheese with Wholewheat Bread	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Iced Sponge		Oat and Sultana Biscuit with Milk	
TUESDAY	Salmon Tagliatelle with Salad		Spaghetti Bolognese	
	Cheese & Tomato Pizza with Salad		Tomato Tumble	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Apple Crumble & Custard		Choc Ice	
WEDNESDAY	Roast Pork, Roast or Mashed Potatoes, Carrots & Green Beans		Roast Chicken with Roast Potatoes, Broccoli & Sweetcorn	
	Nut Roast, Roast or Mashed Potatoes, Carrots & Green Beans		Vegetable Roast with Roast Potatoes, Broccoli & Sweetcorn	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Vanilla Ice Cream Pot		Cheese & Biscuits	
'PASTA POT' DAY				
THURSDAY	Bacon Lettuce & Tomato, Wholegrain Pittas with Pasta & Salad		Pasta with a variety of Meat & Vegetarian Toppings	
	Cheese & Egg Flan with Pasta & Salad			
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Banana Muffin		Fruit Jelly	
'MEAL IN A BAG' DAY				
FRIDAY	Oven Baked Fish with Chips & Peas		Oven Baked Fish Fingers with Chips & Peas	
	Veggie Sausage with Chips & Peas		Quorn Burger with Chips & Peas	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Ginger Biscuit with Fruit Juice		Shortbread Biscuit with Juice	

Salad, Yoghurt, Fresh Fruit and Fresh Fruit Salad available daily

Name:

Packed Lunch Menu

Daily Choice of Sandwich

Ham, Cheese, Egg or Tuna

(Please write filling choice in the shaded area each day)

Cake

Piece of Fruit

w/c		Mon	Tues	Wed	Thurs	Fri		Total	
11/07	Packed Lunch						£1.90 per day		
	School Dinner						£2.30 per day		
18/07	Packed Lunch						£1.90 per day		
	School Dinner						£2.30 per day		
							<u>ALL DINNERS MUST BE PAID FOR UP TO THE END OF TERM</u>	<i>Total Due</i>	

PLEASE LOG INTO PARENTPAY TO CHECK YOUR BALANCE THEN ADD ON THE TOTAL DUE AS ABOVE.

If your child would like the packed lunch option on any day, please write their choice of sandwich filling in the shaded box above.

Please tick the boxes for the days your child would like a school dinner and return your completed menu to school.