

Name:

Please tick one main meal option only

Name:

### Packed Lunch Menu

#### Daily Choice of Sandwich

Ham, Cheese, Egg or Tuna

(Please write filling choice in the shaded area each day)

Cake

Piece of Fruit

w/c		Mon	Tues	Wed	Thurs	Fri		Total
23/05	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
<b>HALF TERM</b>								
06/06	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
13/06	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
							<b>Total Due</b>	

**PLEASE LOG INTO PARENTPAY TO CHECK YOUR BALANCE THEN ADD ON THE TOTAL DUE AS ABOVE.**

**PLEASE NOTE DINNERS SHOULD BE PAID FOR IN ADVANCE**

If your child would like the packed lunch option on any day, please write their choice of sandwich filling in the shaded box above.

Please tick the boxes for the days your child would like a school dinner and return your completed menu to school.

	W/C 23 <sup>rd</sup> May		W/C 6 <sup>th</sup> June		W/C 13 <sup>th</sup> June	
<b>MONDAY</b>	Fruity Chicken Curry with Brown Rice		Ham or Cheese Ploughmans with Wholewheat Bread		Pasta Bolognese with Wholewheat Bread	
	Butter Bean Moussaka with Brown Rice		Bean or Tomato Pasta Bake with Wholewheat Bread		Vegetable Bolognese with Wholewheat Bread	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Iced Sponge		Oat and Sultana Biscuit with Milk		Chocolate Cracknel	
<b>TUESDAY</b>	<b>PIRATE DAY AT RIVER DART COUNTRY PARK</b>  <b>PLEASE PROVIDE A PACKED LUNCH OR ORDER A SCHOOL PACKED LUNCH</b>		Turkey and Ham Pie		Cottage Pie with Carrots	
			Tomato Tumble		Vegetarian Cottage Pie with Carrots	
			Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
			Pear Cake & Custard		Fruit Flapjack & Custard	
<b>WEDNESDAY</b>	Roast Pork, Roast or Mashed Potatoes, Carrots & Green Beans		Roast Chicken with Roast Potatoes, Broccoli & Sweetcorn		Roast Beef with Roast Potatoes, Cauliflower & Swede	
	Nut Roast, Roast or Mashed Potatoes, Carrots & Green Beans		Vegetable Roast with Roast Potatoes, Broccoli & Sweetcorn		Stuffed Pepper with Roast Potatoes, Cauliflower & Swede	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Vanilla Ice Cream Pot		Cheese & Biscuits		Fresh Fruit Salad & Ice Cream	
			<b>'PASTA POT' DAY</b>			
<b>THURSDAY</b>	Bacon Lettuce & Tomato Wholegrain Pittas with Pasta & Salad		Pasta with a variety of Meat & Vegetarian Toppings		Chicken Stir Fry with Noodles with Salad	
	Cheese & Egg Flan with Pasta & Salad			Chilli Bean Risotto with Salad		
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Banana Muffin		Fruit Jelly		Chocolate Cake with Chocolate Custard	
			<b>'MEAL IN A BAG' DAY</b>		<b>'MEAL IN A BAG' DAY</b>	
<b>FRIDAY</b>	Oven Baked Fish with Chips & Peas		Oven Baked Fish Fingers with Chips & Peas		Oven Baked Fish with Chips & Peas	
	Veggie Sausage with Chips & Peas		Welsh Eggs with Chips & Peas		Quorn Burger with Chips & Peas	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Ginger Biscuit with Fruit Juice		Shortbread Biscuit with Milk		Custard Biscuit with Fruit Juice	

Salad, Yoghurt, Fresh Fruit and Fresh Fruit Salad available daily