

Name:

Please tick one main meal option only

Name:

Packed Lunch Menu

Daily Choice of Sandwich

Ham, Cheese, Egg or Tuna

(Please write filling choice in the shaded area each day)

Cake

Piece of Fruit

w/c		Mon	Tues	Wed	Thurs	Fri		Total
20/06	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
27/06	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
04/07	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
Total Due								

PLEASE LOG INTO PARENTPAY TO CHECK YOUR BALANCE THEN ADD ON THE TOTAL DUE AS ABOVE.

PLEASE NOTE DINNERS SHOULD BE PAID FOR IN ADVANCE

If your child would like the packed lunch option on any day, please write their choice of sandwich filling in the shaded box above.

Please tick the boxes for the days your child would like a school dinner and return your completed menu to school.

	W/C 20 th June		W/C 27 th June		W/C 4 th July	
MONDAY	Fruity Chicken Curry with Brown Rice		Ham or Cheese Ploughmans with Wholewheat Bread		Pasta Bolognaise with Wholewheat Bread	
	Butter Bean Moussaka with Brown Rice		Bean and Tomato Pasta Bake with Wholewheat Bread		Vegetable Bolognaise with Wholewheat Bread	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Iced Sponge		Oat and Sultana Biscuit with Milk		Chocolate Cracknel	
TUESDAY	Salmon Tagliatelle with Salad		Turkey and Ham Pie		Cottage Pie with Carrots	
	Cheese & Tomato Pizza with Salad		Tomato Tumble		Vegetarian Cottage Pie with Carrots	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Apple Crumble & Custard		Pear Cake & Custard		Fruit Flapjack & Custard	
WEDNESDAY	Roast Pork, Roast or Mashed Potatoes, Carrots & Green Beans		Roast Chicken with Roast Potatoes, Broccoli & Sweetcorn		Roast Beef with Roast Potatoes, Cauliflower & Swede	
	Nut Roast, Roast or Mashed Potatoes, Carrots & Green Beans		Vegetable Roast with Roast Potatoes, Broccoli & Sweetcorn		Stuffed Pepper with Roast Potatoes, Cauliflower & Swede	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Vanilla Ice Cream Pot		Cheese & Biscuits		Fresh Fruit Salad & Ice Cream	
			'PASTA POT' DAY			
THURSDAY	Bacon Lettuce & Tomato Wholegrain Pittas with Pasta & Salad		Pasta with a variety of Meat & Vegetarian Toppings		Chicken Stir Fry with Noodles with Salad	
	Cheese & Egg Flan with Pasta & Salad			Chilli Bean Risotto with Salad		
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Banana Muffin		Fruit Jelly		Chocolate Cake with Chocolate Custard	
'MEAL IN A BAG' DAY		SPORTS DAY		'MEAL IN A BAG' DAY		
FRIDAY	Oven Baked Fish with Chips & Peas		Oven Baked Fish Fingers with Chips & Peas		Oven Baked Fish with Chips & Peas	
	Veggie Sausage with Chips & Peas		Welsh Eggs with Chips & Peas		Quorn Burger with Chips & Peas	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Ginger Biscuit with Fruit Juice		Shortbread Biscuit with Milk		Custard Biscuit with Fruit Juice	

Salad, Yoghurt, Fresh Fruit and Fresh Fruit Salad available daily