

Name:

Please tick one main meal option only

Name:

Packed Lunch Menu

Daily Choice of Sandwich

Ham, Cheese, Egg or Tuna

(Please write filling choice in the shaded area each day)

Cake

Piece of Fruit

w/c		Mon	Tues	Wed	Thurs	Fri		Total
26/09	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
03/10	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
10/10	Packed Lunch						£1.90 per day	
	School Dinner						£2.30 per day	
Total Due								

PLEASE LOG INTO PARENTPAY TO CHECK YOUR BALANCE THEN ADD ON THE TOTAL DUE AS ABOVE.

PLEASE NOTE DINNERS SHOULD BE PAID FOR IN ADVANCE

If your child would like the packed lunch option on any day, please write their choice of sandwich filling in the shaded box above.

Please tick the boxes for the days your child would like a school dinner and return your completed menu to school.

	W/C 26 th September		W/C 3 rd October		W/C 10 th October	
MONDAY	Chicken Salad with Wholemeal Bread		Spaghetti Bolognaise		Sweet & Sour Pork with Brown Rice	
	Vegetable Risotto		Vegetarian Bolognaise		Mushroom Curry with Brown Rice	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Iced Sponge		Apple Crumble & Custard		Pineapple Upside Down Cake	
					PASTA POT DAY	
TUESDAY	Cottage Pie with Seasonal Vegetables		Fish Pie with Seasonal Vegetables		Pasta Served with a Variety of Meat and Vegetarian Toppings	
	Vegetarian Cottage Pie with Seasonal Vegetables		Cheese & Tomato Pizza			
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Scones with Jam & Cream		Flapjack & Custard		Fruit Jelly	
WEDNESDAY	Roast Pork, Roast or Mashed Potatoes, Carrots & Green Beans		Roast Chicken with Roast Potatoes, Broccoli & Sweetcorn		Roast Beef with Roast Potatoes, Cauliflower & Swede	
	Nut Roast, Roast or Mashed Potatoes, Carrots & Green Beans		Roasted Vegetable Tart with Roast Potatoes, Broccoli & Sweetcorn		Vegetarian Roast with Roast Potatoes, Cauliflower & Swede	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Cheese & Biscuits		Ice Cream Pot		Fresh Fruit Salad & Ice Cream	
THURSDAY	Lasagne with Salad		Bacon, Lettuce & Tomato Pitta		Chicken Burger in a Bap with Salad	
	Vegetable Moussaka With Salad		Cheese and Broccoli Flan		Stuffed Pepper with Salad	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Choc Ice		Chocolate Sponge & Chocolate Custard		Chocolate Cracknel	
	'MEAL IN A BAG' DAY		'MEAL IN A BAG' DAY		'MEAL IN A BAG' DAY	
FRIDAY	Oven Baked Fish Cake with Chips & Peas		Oven Baked Fish Fingers with Chips & Peas		Oven Baked Fish with Chips & Peas	
	Quorn Burger with Chips & Peas		Wholemeal Beany Pie with Chips & Peas		Vegetarian Sausage with Chips & Peas	
	Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna		Jacket Potato with Cheese, Beans or Tuna	
	Shortbread Biscuit with Fruit Juice		Custard Biscuit with Fruit Juice		Oat & Sultana Cookie with Fruit Juice	

Salad, Bread, Yoghurt, Fresh Fruit and Fresh Fruit Salad available daily